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3/30/2020 #1 Crowley/Otero Update: Positive Otero County Case.

Please take the time to read and understand this entire message.

Hello to all. The Otero County Health Department (OCHD) has received a lab report on another resident from Otero County that has tested positive to COVID-19. This will be the 3rd positive in Otero County.

To date, we have 1 positive from Crowley County and 3 positives from Otero County.

Out of respect for patient privacy, we will only release the following information (No other information will be released at this time):

- ✓ The patient
 - was placed into isolation after receiving the positive test results
 - is a resident of Otero County
 - age: 80s
 - is recovering

Our epidemiological contact investigation found no links to the other cases, so this is more evidence of limited community spread. Please stay tuned.

What can you do RIGHT NOW:

- ✓ Read, understand, and comply with all public health orders! Public health orders can be found here: <https://covid19.colorado.gov/public-health-executive-orders-explained>
- ✓ Stay home if you are sick and, if needed, call your medical provider.
- ✓ If you are in a high risk group, take extra precautions.
- ✓ Cover your cough and/or sneeze.
- ✓ Keep your fingers and hands away from your face.
- ✓ Wash your hands a lot.
- ✓ Stay informed by trusted and reliable sources. Be careful about believing what you read on social media sites. Trusted sources/websites:
 - OCHD: <https://www.oterogov.com>
 - Centers for Disease Control: <https://www.cdc.gov>
 - CO State Health Department: <https://www.colorado.gov/cdphe>
- ✓ Do these things so you will be prepared, and not scared.

Until the next update,

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