THIS IS A RAPIDLY EVOLVING AND FLUID SITUATION. INFORMATION AND ACTION ARE SUBJECT TO CHANGE AT ANY TIME. BE PREPARED TO BE FLEXIBLE AND PATIENT.

PLEASE DISTRIBUTE THIS WIDELY

3/30/2020 #1 Crowley/Otero Update: Positive Otero County Case.

Please take the time to read and understand this entire message.

Hello to all. The Otero County Health Department (OCHD) has received a lab report on another resident from Otero County that has tested positive to COVID-19. This will be the 3rd positive in Otero County.

To date, we have 1 positive from Crowley County and 3 positives from Otero County.

Out of respect for patient privacy, we will only release the following information (No other information will be released at this time):

✓ The patient
  - was placed into isolation after receiving the positive test results
  - is a resident of Otero County
  - age: 80s
  - is recovering

Our epidemiological contact investigation found no links to the other cases, so this is more evidence of limited community spread. Please stay tuned.

What can you do RIGHT NOW:

✓ Read, understand, and comply with all public health orders! Public health orders can be found here: https://covid19.colorado.gov/public-health-executive-orders-explained
✓ Stay home if you are sick and, if needed, call your medical provider.
✓ If you are in a high risk group, take extra precautions.
✓ Cover your cough and/or sneeze.
✓ Keep your fingers and hands away from your face.
✓ Wash your hands a lot.
✓ Stay informed by trusted and reliable sources. Be careful about believing what you read on social media sites. Trusted sources/websites:
  - OCHD: https://www.oterogov.com
  - Centers for Disease Control: https://www.cdc.gov
  - CO State Health Department: https://www.colorado.gov/cdphe
✓ Do these things so you will be prepared, and not scared.

Until the next update,

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